

Co-ed Basketball Rules:

5 on 5- Teams must have at least one female player on the court. If a team does not have a female available, both team captains must agree to allow the team to play short. A female player can not be replaced with a male player.

A game is 44 minutes with a continuous clock. Two, twenty-two minute halves with a 2 minute half time intermission. There will be a two-minute overtime if there is a tie game.

Team shirts must be worn during the games.

Each winning team gets a \$10 food credit at the Famished Frog after games. All teams receive a free plate of nachos at the Famished Frog after games!

Non-roster subs are allowed. Subs must sign a waiver and pay \$10 each night. If a non-roster plays without signing a waiver and paying \$10, the game will count as a FORFEIT! The same non-roster sub can only play a max of 2 games per season.

Clock will only stop for injury and/or at official's discretion.

Each basket counts as one (1) point, 3 point shots count as two (2) points.

Coin toss for first possession. Other team gets ball at beginning of second half.

1 timeout per half (30 sec.) and clock still runs.

No pressing. Pick-up at half court.

To start play at top of key, after foul, ball must be checked and passed in to a teammate.

Free Substitutions on dead ball – after foul or violation – not after a basket.

If ball hits main basket team with last possession retains ball.

FOULS:

Each player has a limit of **four** fouls before he or she is fouled out. If foul is committed, opposing team takes ball out at top of key. Each player must keep track on the amount of fouls he or she has. Please be honest!

Team fouls – 8 per half per team after that each basket = 2pts against them, 3pts for a 3pt shot.

Flagrant foul – 1 minute penalty time, team plays down one man for a minute.

TECHNICAL FOUL: You will be eliminated from the game after the first technical foul is committed, and eliminated from the game. Technical fouls may be called for, but not limited to, bad language, un-sportsmanlike conduct, fighting, etc.

FORFEIT OF GAME: The following infractions will result in game forfeiture: Failure to be on court at scheduled time; if three players can not start game.